We Claim:

- 1. A coating composition comprising an aqueous mixture comprising acid-stable particles and one or more fluoroacids, wherein the amount of the acid-stable particles in the coating composition is from 0.005% to 8% by weight on a dry weight basis.
- 2. The coating composition of claim 1 wherein the acid-stable particles are aluminum-modified silica particles, and the amount of the acid-stable particles in the coating composition is from 0.005% to 5% by weight on a dry weight basis.
- 3. The coating composition of claim 1 wherein the acid-stable particles are nonaluminum-modified silica particles, and the amount of the acid-stable particles in the coating composition is from 0.005% to 5% by weight on a dry weight basis.
- 4. The coating composition of claim 1 wherein the acid-stable particles are polymeric organic particles.
- 5. The coating composition of claim 1 wherein the mixture further comprises a product of the acid-stable particles and the one or more fluoroacids.
- 6. The coating composition of claim 2 wherein the aluminum-modified particles comprise about 0.006% to about 1% by weight on a dry weight basis of the composition.
- 7. The coating composition of claim 2 wherein the aluminum-modified silica particles have a SiO₂:Al₂O₃ weight ratio from 80:1 to 240:1.
- 8. The coating composition of claim 2 wherein the aluminum-modified silica particles have a SiO₂:Al₂O₃ weight ratio from 120:1 to 220:1.

- 9. The coating composition of claim 3 wherein the nonaluminum-modified particles comprise about 0.006% to about 1% by weight on a dry weight basis of the composition.
- 10. The coating composition of claim 1 wherein the acid-stable particles maintain a change in viscosity of ten seconds or less.
- 11. The coating composition of claim 1 wherein the composition has a pH from 3 to 6.
- 12. The coating composition of claim 1 wherein the composition has a pH from 3.5 to 5.
- 13. The coating composition of claim 1 wherein the acid-stable particles maintain a change in viscosity of three seconds or less.
- 14. The coating composition of claim 1 wherein the amount of the acid-stable particles in the coating composition is from 0.006% to 2% by weight on a dry weight basis.
- 15. The coating composition of claim 1 wherein the amount of the acid-stable particles in the coating composition is from 0.007% to 0.5% by weight on a dry weight basis.
- 16. The coating composition of claim 1 wherein the concentration of the one or more fluoroacids in the coating compositions is from about 5 ppm to about 1000 ppm.
- 17. The coating composition of claim 1 wherein the acid-stable particles maintain a change in viscosity of one second or less.

- 18. A coating on a metal substrate comprising acid-stable particles attached to the metal substrate through a metal-oxide matrix, wherein the coating coverage of the metal substrate is from 5 mg/sq ft to 50 mg/sq ft.
- 19. The coating of claim 18 wherein the metal-oxide matrix comprises one or more metals selected from the group consisting of titanium, zirconium and silicon.
- 20. The coating of claim 18 wherein the acid-stable particles are selected from one or more of the group consisting of aluminum-modified particles, nonaluminum-modified particles, and organic polymeric particles.
- 21. The coating of claim 18 wherein the coating coverage of the metal substrate is from 8 mg/sq ft to 30 mg/sq ft.
- 22. The coating of claim 18 wherein the acid-stable particles are present at a concentration from 5 mg/sq ft to 25 mg/sq ft.
- 23. The coating of claim 18 wherein the metal in the coating is present at a concentration from 0.5 mg/sq ft to 6 mg/sq ft.
- 24. The coating of claim 18 wherein the acid-stable particles are present at a concentration from 10 mg/sq ft to 20 mg/sq ft.
- 25. The coating of claim 18 having a thickness that is within 75% to 125% of the average particle diameter of the acid-stable particles.
 - 26. A coating composition prepared by a process comprising: providing acid-stable particles and one or more fluoroacids; and

mixing the acid-stable particles and the one or more fluoroacids in water, wherein the coating composition has a pH from 2 to 7, and the amount of the acid-stable particles in the coating composition is from 0.005 to 8% by weight on a dry weight basis.

- 27. The coating composition of claim 26 wherein the acid-stable particles are selected from one or more of the group consisting of aluminum-modified particles, nonaluminum-modified particles, and organic polymeric particles.
- 28. The coating composition of claim 27 wherein the aluminum-modified particles comprise about 0.006 to about 1% by weight on a dry weight basis of the composition.
- 29. The coating composition of claim 27 wherein the nonaluminum-modified acid stable particles comprise about 0.006% to about 1% by weight on a dry weight basis of the composition.
- 30. The coating composition of claim 27 wherein the organic particles comprise about 0.01% to about 5% on a dry weight basis by weight of the composition.
- 31. The coating composition of claim 26 wherein the composition has a pH from 3 to 6.
- 32. The coating composition of claim 26 wherein the composition has a pH from 3.5 to 5.
- 33. The coating composition of claim 26 wherein the amount of the acidstable particles in the coating composition is from about 0.006% to about 2% by weight on a dry weight basis.

- 34. The coating composition of claim 26 wherein the amount of the one or more fluoroacids in the coating compositions is from about 5 ppm to about 1000 ppm.
- 35. The coating composition of claim 26 wherein the acid-stable particles maintain a change in viscosity of three seconds or less.
- 36. A coating composition consisting essentially of 0.006% to 2% by weight, on a dry weight basis, of acid-stable particles and one or more fluoroacids having a pH from about 3 to 6, wherein the coating composition in a cured state provides a coating coverage on a metal substrate from 8 mg/sq ft to 30 mg/sq ft.
- 37. The coating composition of claim 36 wherein the acid-stable particles are selected from the group consisting of aluminum-modified particles, nonaluminum-modified acid stable particles, and organic polymeric particles.
- 38. The coating composition of claim 36 wherein the amount of the acid-stable particles in the coating composition is from about 0.007% to about 0.5% by weight on a dry weight basis.
- 39. The coating composition of claim 36 wherein the amount of the one or more fluoroacids in the coating compositions is from about 5 ppm to about 1000 ppm.
- 40. The coating composition of claim 36 wherein the acid-stable particles maintain a change in viscosity of three seconds or less.